

## NOTES



In Episode 3 of Beauty Within, Trappistine Sister Hanna Maria speaks of an awakening that led her to see the importance of love — and the need to let go of all else. In the cloister she can pursue love with single-mindedness.

### Question 1:

Have you ever learned a lesson or had a realization that changed the way you viewed everything else?

### Question 2:

A musical scholar listened to the convent's choir and compared it to the voices of angels — even though as a performance it was full of flaws. Recall a time in your life when something imperfect brought you to a better understanding of God's love.

### Prayer for the Day:

*Lord, help me to learn love more deeply every day, that love may be the hallmark of all I do.*

